





Assumption Grammar School 2019-20

Windmill Restaurant: Week 1



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup 	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>	<i>Soup of the Day</i>
Salad 	<i>Tossed Salad & Coleslaw</i>	<i>Tossed Salad & Coleslaw</i>	<i>Tossed Salad & Coleslaw</i>	<i>Tossed Salad & Coleslaw</i>	<i>Tossed Salad & Coleslaw</i>
Vegetables	<i>Baked Beans</i>	<i>Mashed Carrots & Turnip</i>	<i>Sautéed Mushrooms</i>	<i>Roasted Mixed Vegetables</i>	<i>Baked Beans/ Peas & Sweetcorn</i>
Potatoes	<i>Chips</i>	<i>Creamy Mashed Potato</i>	<i>Baked Potatoes</i>	<i>Garlic Potato Wedges</i>	<i>Chips/Rice</i>
Meat, fish main course	<i>Chicken Curry with Boiled Rice</i>	<i>Roast Topside of Beef with Roast Gravy</i>	<i>Beef Lasagne served with Garlic Bread</i>	<i>Chicken and Vegetable fried Rice with Soya Sauce</i>	<i>Oven Baked Cod Fillet in breadcrumbs/ Chicken Korma</i>
Vegetarian	<i>Mixed Savoury Vegetable Rice</i>	<i>Stir Fry Vegetable Noodles with Chilli Sauce</i>	<i>Vegetable Pasta Bake</i>	<i>Vegetarian Quiche</i>	<i>Vegetable Curry with Boiled Rice</i>
Desserts or Tray Bakes	<i>Large Chocolate Muffins</i>	<i>Caramel Shortbread Squares</i>	<i>Iced Victoria Sponge Fingers</i>	<i>Fifteens</i>	<i>Chocolate Cupcakes</i>

The Windmill Restaurant will be open at the following times:

Breakfast - 8am until 8.55am. During this time, a large selection of cereal, fruit, yoghurt, scones, croissants, bagels, baguettes, toast, bacon, sausages, scrambled eggs, beans and hot / cold drinks are available.

Mid Morning Break - 11.10am - 11.25am. A selection of paninis, toasted sandwiches, sandwiches, filled baguettes, soup with bread rolls, fruit pots, scones, pasta salad, salad boxes, pancakes, pizza, beef burgers, chicken burgers and filled tortilla wraps are served.

A selection of fresh milk, pure orange / apple juice, hot drinks and water are also available.

*Menu is subject to occasional change