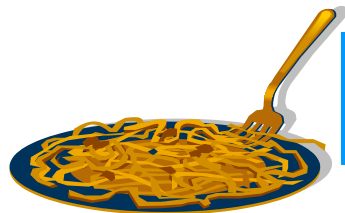




Assumption Grammar School 2019-20

Windmill Restaurant: Week 3



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Soup 	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Salad 	Tossed Salad & Coleslaw	Tossed Salad & Coleslaw	Tossed Salad & Coleslaw	Tossed Salad & Coleslaw	Tossed Salad & Coleslaw
Vegetables	Baked Beans	Savoy Cabbage with Sliced Bacon	Sweetcorn	Carrot & Parsnip Mash	Baked Beans, Curry, Gravy & Chicken Sauces
Potatoes	Chips	Creamy Mashed/Roast Potatoes	Baked Potatoes	Mashed Potatoes	Chips/Rice
Meat, fish main course	Beef & Mushroom Curry with Boiled Rice	Roast Chicken Fillet & Savoury Stuffing wrapped in Bacon	Chicken & Broccoli Bake with Garlic Bread	Home Made Irish Stew	Oven Baked Cod in Crispy Batter/ Chicken Korma
Vegetarian	Vegetable Stir Fry	Vegetable Lasagne	Baked Potatoes with Beans & Cheese	Vegetable Curry with Rice	Mixed Vegetable Savoury Rice
Desserts or Tray Bakes	Blueberry Muffins	Chocolate & Mint Squares	Jam & Coconut Sponge Fingers	Shortbread Biscuits	Chocolate Cupcakes

The Windmill Restaurant will be open at the following times:

Breakfast - 8am until 8.55am. During this time, a large selection of cereal, fruit, yoghurt, scones, croissants, bagels, baguettes, toast, bacon, sausages, scrambled eggs, beans and hot / cold drinks are available.

Mid Morning Break - 11.10am - 11.25am. A selection of paninis, toasted sandwiches, sandwiches, filled baguettes, soup with bread rolls, fruit pots, scones, pasta salad, salad boxes, pancakes, pizza, beef burgers, chicken burgers and filled tortilla wraps are served.

A selection of fresh milk, pure orange / apple juice, hot drinks and water are also available.

*Menu is subject to occasional change